

MHCS OCTOBER NEWSLETTER JUSTICE SEEKING



October 2017

I mportant Announcement Dear Parents and Guardians,

We have a plan to save you time, and who doesn't need that nowadays!
Parent Society and School Council have arranged to meet on the same morning, so we can free up some more of your valuable evening times. We understand that it still may not work for some of you to attend so please bring ideas or questions via email and they can still be heard. Let us clarify the difference between these two very important arms of the school.

*School Council - provides advice to the school administration and school district on any matter that relates to school operation, philosophy, plans, or instructional programs. It is your connection to what is happening in classrooms and in the school generally. It is a voice to be involved in your child(ren)s education. (Interested in knowing about future changes to report cards and parent teacher interviews? - please come!)

*Parent Society - this is the fundraising, community building and planning, fun activity arm of your school. We meet to plan and arrange the extras!

Our meetings are open to **ALL PARENTS** of the school. Bring your little ones if they are still at home with you because we will have a lego/toy area set up. School Council and Parent Society are not exclusive clubs or groups. We welcome new faces and new ideas! Our aim is to promote community and friendships through it all and work towards one common goal - Our Children's Success in School! God has called us to a Christ Centered Education and with that comes dedication and commitment. We know your time is valuable and we pray that this will be a benefit to all. Help us make it the best experience possible!

Our next meeting will be Tuesday morning October 3 at 9:00 am with School Council following at 10:00-10:30 a.m. See you there!

PS - if you have any feedback/questions/or suggestions please email our school secretary Fay Stewart and she will pass them along to the right person.
Fay.Stewart@sd76.ab.ca

Thank you and God Bless!

Don't Forget....

- ⇒ Oct. 3 - 9am Parent Society Meeting
- ⇒ Oct. 3 - 10am School Council Meeting
- ⇒ Oct. 6 & 9 - No School
- ⇒ Oct. 12 - Super Hero Dress Up Day
- ⇒ Oct. 19 & 20 - No School
- ⇒ Oct. 24 & 25 - School Pictures

Principal's Pen



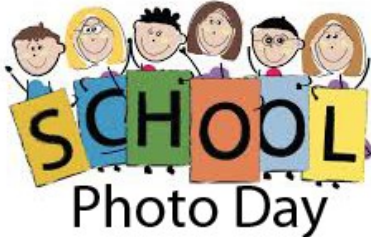
I'm so proud of our staff and students!

As a strong, Bible-based - integrated Christian program we targeted **Community Building** for staff and students for the month of September. As a staff we are committed to working together as a team to meet student needs. We talk about "our students" and the importance of individual learning needs in the context of a Christ centered community of learners.

For students, we have observed many wonderful situations where our students showed community building by welcoming and connecting with new students in the school. In Chapel groups, we have junior high students helping and encouraging our younger students. In Luke 10 we are reminded: Love God and Love your neighbor as yourself.

In October, for Chapel and targeted teaching, we are focusing on **Justice-Seeking**. This is an opportunity for our students to learn about justice and even injustice in our world. Our Thanksgiving Chapel will allow students to focus on being thankful for the blessings we enjoy in Canada. Next, we will have a Chapel which concentrates on helping the less fortunate. An attribute of a Justice Seeker is ensuring the wrongs we see are corrected. On November 2 we will have a Christmas Box Chapel where students will put together boxes of gifts and necessities for children who have very little. 1 John 3:18: My children, our love should not be only words and talk. Our love must be true love. And we should show that love by what we do.

This will be important and engaging learning for our students.
Happy October everyone!



Tuesday, October 24

&

Wednesday October 25



Kindergarten Kona Ice Party



2016-2017
Yearbooks are in!
They have been
sent home with
designated
students.

MHCS Parents...

We need your help again this year!

We are in need of pictures from field trips, sports teams, school events, etc. for our yearbook.

Any pictures you would like to submit can be emailed to fay.stewart@sd76.ab.ca.

Thank you!

GOD MOMENTS:

Kindergarten: The kindergarten class has been demonstrating what it means to be Community Builders. It is touching to see them comfort a friend who is sad in the morning and help each other willingly clean up all centers. What a wonderful group of students!

Grade 1: The grade one group has developed strong classroom community through acts of empathy this month. As an example, we have noticed when a child was upset or struggling, their peers were quick to embrace, comfort, and work as a collective to solve the issue.

Grade 2: It has been an exciting start to a new year in Grade two. Our classes have been enjoying joint morning devotions and we have been alternating the location between the two classrooms. It is such an encouragement, as a community, to start our day listening to God's word and offering our prayer requests and concerns Him.

Grade 3 & 4: Happy New School Year! We have had a wonderful first month of school. Witnessing new friendships being made and last year's friendships rekindled has been inspiring for us teachers. There have been lots of encouraging comments by students to other students and that always blesses our hearts. God is working in and through these students!

Grade 5 & 6: This past month has been a unique experience for the students as we have worked collaboratively to build community across the grades. We are so pleased with how the students have rose to this challenge and are encouraged by the new friendships that are forming. Already, our students have participated in collaborative thinking challenges, art projects, mathematical centers, and literacy activities. As teachers, we are encouraged by the way God is involved in how our students communicate and treat each other.

Junior High: The first month has flown by so quickly and it is wonderful to see and interact with the Jr. High again this year. In CTF this year we are looking at an overall theme of missions. Students will have the opportunity to be involved in Chapel and helping local charities. It was heart-warming to see the enthusiasm of the students to want to help with Chapel, leadership in the school and other projects we have given to them.

With all the adjustments the Junior High have had during the month of September I have really appreciated how the students have look past their own personal interests and have adapted to the changes. I have also observed them building community by welcoming others to our school with open arms and showing each other love and compassion. They have also demonstrated selflessness by serving the school through setting up and taking down the Welcome Back Barbeque.

Student Council

Theme Day

Thursday, Oct. 12th



Dress up as your favorite Super Hero!



Grade Three



Chapel

Learning Commons

Thank you to everyone who supported our Scholastic Book Fair! We raised over \$1700 in product and cash rewards to fill our classroom and library shelves. I'm very grateful to our dedicated volunteers who gave their time to help everything run efficiently. And a big THANK YOU to everyone who purchased an item from our teacher wish lists! The teachers were very surprised by, and grateful for, your generosity. This is a huge fundraiser for us every year and I appreciate your ongoing support of our literacy efforts.



Right now in the Learning Commons we're displaying books related to Thanksgiving, as well as our new Scholastic books. Towards the end of the month we'll have materials out about Remembrance Day. The junior high and grades 1 and 2 have been enjoying their Reading Buddies time in the Learning Commons, and right now chess is popular among our older students. The Learning Commons is always a busy place in our school!

Ms. Burke
Librarian



Running Club

Begins Tuesday, October 24th from 3:30-4:00 pm and will run Tuesdays & Thursdays until November 30th.

Students in grades K to 9 are welcome to join.

For more information please contact Mrs. Sergeant.



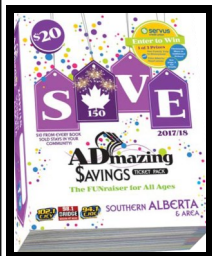
Youth Call 2 Prayer

We will be starting Tuesday, September 26 at 11:52 in Room 206. Grades 4-9 are invited. We will be starting our year off with some teaching on

how to pray effectively for government leaders and then will begin writing notes to a number of our elected leaders including our PM, Premier, and leaders of other parties at the provincial and federal levels. If possible, students should try to bring a lunch which does not need to be heated so we can maximize our prayer time.



Parent Society



Next Parent Society meeting will be held Tuesday October 3rd at 9:00 in room 206. All MHCS parents are welcome to join us!

ADmazing Savings coupon books are for sale in the office. \$20 with almost half staying in the school! Get yours today!



We will be starting up our **gift card fundraiser** soon. We have decided to switch companies to hopefully make ordering easier for everyone. With this new program, you can use a paper order form which we would input for you or you can place your own order. We will also offer direct shipping for your own online orders that you place. I have included a link so that you can go and sign up as a supporter. There is also an option to have the online order taken right out of your bank account (eft). If this is something you are interested in please feel free to phone me at 403-548-7302 and I will make sure to get you the form to fill out.

Here is the link to get you started. We are hoping to put our first order in October 19th so watch for the order forms which will be coming home soon. If you have any questions please do not hesitate to ask. You may need an invitation code and that is **YP2DYO**.

http://www.fundscrip.com/launch-guide_STG_1

Coop gift cards will also be available to purchase from the office.

Thank you

Tracey

**Help Us Raise Funds
Without Spending Extra!**

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powered by Fundstream Inc.

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CHRISTIAN
Stewardship
SERVICES



You are invited!
Will Clinic

LEARN HOW TO:

- * Protect you & your family through your Will & Estate Plan
- * Ensure proper Power of Attorney documents
- * Support charities that are important to you
- * Discover tax effective gifting options
- * Question and Answer time

RESERVE YOUR SPOT TODAY!
Annetta: annettas@csservices.ca
1-800-267-8890 ext 217

TUESDAY, OCTOBER 24, 2017 @7:30 PM

Medicine Hat Christian Reformed Church

300 Primrose Dr. SE, Medicine Hat, AB T1A 3S9

Will donated by:

**SCHINDEL
LAW OFFICE**

Barrister | Solicitor | Notary



Volleyball



Chapel

Healthy Children

October 2017 Parent Newsletter



Regular Mealtimes

Life can get busy for you and your child with school, sports and other activities. While your child is active and growing, they need healthy food to keep them fuelled for their day. Providing meals and snacks at regularly scheduled times during the day will help your child get the energy they need.

Regularly scheduled meal and snack times can be comforting to a child, as they know when they will be offered food again. At home, offer food every 3–4 hours. This will help your child feel ready to eat at meals and snacks. If your child asks to eat between these times, offer water and let them know when the next snack or meal is. Some days children will eat more, and other days they will

eat less. Children's appetites and willingness to try new foods will change, depending on how fast they are growing, how active they are or how they are feeling.

Be flexible. Some days, smaller meals or a healthy snack before and after busy times may fit your family's schedule better. It is important on these days to have lots of tasty and healthy food choices on hand at home and for on the go. For example, cut up vegetables with hummus or peanut butter.

Make it routine to offer meals and snacks at regular times so your child stays fuelled for their day.



For a short video on regular mealtimes visit <https://vimeo.com/channels/rohkschoolnutrition/116923404>

Articles

Regular Mealtimes

Being a Role Model

Reminder

Routine immunization consent forms were sent home last month with Grade 5 and 9 students.

Also, as the best defense against influenza infection and illness, an annual influenza immunization is recommended for all Albertans six months of age and older. For more information about influenza immunization visit

<http://www.albertahealthservices.ca/influenza.asp>



To find an electronic copy of this newsletter visit www.ahs.ca/csh

Healthy Children

October 2017 Parent Newsletter

Being a Role Model

As a parent you act as a role model for your children every day. It can be a scary thought, but from the time they are babies, your children are watching you and learning from you. They learn from your actions and your conversations. They absorb your attitudes and copy your expressions. Before they even reach school age they've probably learned far more than you ever intended.

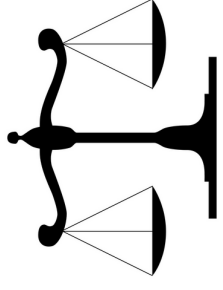


Thinking about your behaviour and how it might be understood by your child is an important part of healthy parenting. You can't always be calm and cheerful – nobody is. Those times can be especially useful examples for your children about how to manage feelings in a healthy way. As they grow up, they'll learn by your example and they'll have that example to follow in years to come when coping with life's challenges.

Talk to your child about your own experiences when you were their age. Tell your child about someone who made a big difference in your life, and why you admired that person. Tell stories about family members or friends who showed real courage, kindness or determination in their lives. You could look at sports figures or performers and watch how they behave. Talk with your child about what makes a person a

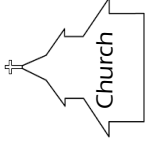
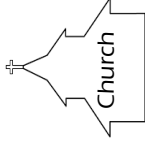
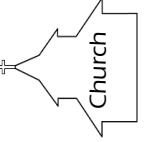
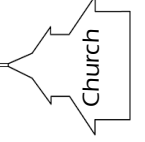
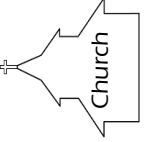
good winner or a good loser. What makes a person a poor winner or a poor loser?

It's not always easy being a role model for someone but it is part of every parent's and caregiver's role. Remember you won't always know the difference you make but know for sure that you are.



JUSTICE
SEEKING

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1  Church	2 Parent Meetings: 9am Parent Society Mtg. 10am School Council Mtg. 3:45pm B Girls VB @ RWLC 4pm C Girls VB @ MHCS	3 4pm B Boys VB @ CHHS	4 9am K-9 Chapel - Thanksgiving Parents Welcome! Hot Lunch - BP Pasta	5 No School (Staff PD)	6 No School	7 No School
8  Church	9 No School (Thanksgiving)	10 K-6 Fire Prevention Assembly 4pm B Girls VB @ MHCS 3:45pm C Girls VB @ RWLC	11 Gr. 5 & 9 Immunizations 4pm B Boys VB @ CHHS	12 9am K-9 Chapel - Christmas Shoe Boxes Hot Lunch - Subway Super Hero Dress Up Day	13 2:30pm Dismissal	14
15  Church	16 Civic Elections	17 4pm B Girls VB @ Parkside 4pm C Girls VB @ MHCS	18 4:45pm B Boys VB @ Seven Persons	19 No School	20 No School	21
22  Church	23 7pm Society Executive Mtg.	24 School Pictures 4pm B Girls VB @ MHCS 4pm C Girls VB @ AMS	25 School Pictures 4:45pm B Boys VB @ MHCS	26 9am K-6 Chapel - Guest Janna Hickey 9am 7-9 Chapel Parents Welcome! Hot Lunch - Mucho Burrito	27 Kindergarten in session 2:30pm Dismissal	28
29  Church	30 Reformation Day 500th Anniversary	31				

